

The Weekly Whim | Block 16: A Tree for the Journey

Welcome to The Weekly Whim, a weekly quilt block series stitched one block at a time with scraps, stories, and a gentle focus on becoming.

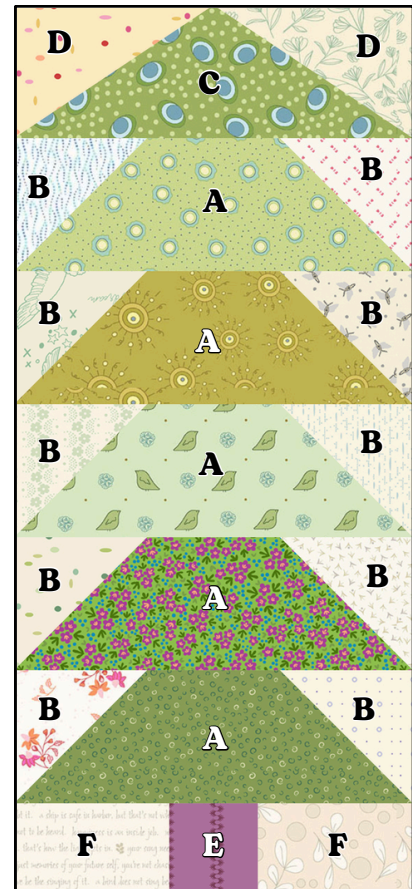
Today's block, A Tree for the Journey, gives us a moment to pause and notice the quiet ways nature mirrors our own creative path. Trees grow in slow and steady layers, and this block builds in much the same way. It becomes a gentle reflection on life, seasons, and the way we gather little pieces as we go.

You can pull from the greens you have been collecting, or choose a mix of nature-inspired scraps that feel right to you. Each row adds a bit of height and story, coming together in a shape that feels both familiar and full of life.

Take your time as you build it. Let the rhythm of simple stitch and flip units remind you that growth often happens one small piece at a time.

My Standard Note About Fabric Choices

In this series, I lean into building a scrappy quilt one block at a time. The more fabrics you use (within reason), the more variety you'll have to scatter across future blocks, which helps the finished quilt feel cohesive and "sensical." That said, using fewer fabrics is perfectly acceptable too –choose the balance that feels right for you.



9" x 20" finished

Cutting Instructions (for one block):

- A: (5) - $3\frac{1}{2}$ " x $9\frac{5}{8}$ " assorted rectangles
- B: (10) - $3\frac{1}{2}$ " x $3\frac{1}{2}$ " assorted squares
- C: (1) - $3\frac{1}{2}$ " x $10\frac{3}{8}$ " rectangle
- D: (2) - $4\frac{1}{8}$ " x $5\frac{3}{4}$ " assorted rectangles
- E: (1) - $2\frac{1}{2}$ " x $2\frac{1}{2}$ " square
- F: (2) - $2\frac{1}{2}$ " x 4" rectangles

For complete instructions for creating this and other *The Weekly Whim* sampler blocks, follow along at *A Scrappy Little Joy* YouTube channel under *The Weekly Whim* playlist.

Subscribe for weekly blocks and simple, scrappy inspiration.

I'd love to see your block! Come join is at the *A Scrappy Little Joy* Facebook group or tag me on Instagram @serendipitywoods #theweeklywhim #ascrappylittlejoy