

## The Weekly Whim | Block 17: A Quiet Center

Welcome to The Weekly Whim, a weekly quilt block series stitched one block at a time with scraps, stories, and a gentle focus on becoming.

Welcome to The Weekly Whim! Today's block, A Quiet Center, brings our attention back to the middle of things. Built with simple squares, rectangles, and a diamond shaped center, this block feels like a small pause inside the larger story of our quilt. It is a gentle way to notice the beauty of one bright print framed by steady supporting fabrics.

You can choose a favorite fabric for the center or let your scraps decide for you. Either way, the surrounding pieces create a calm frame that helps the middle shine.

Take your time as you piece it. Let the rhythm of these simple shapes guide you toward a settled and centered finish.



**16" finished**

### My Standard Note

#### About Fabric Choices

In this series, I lean into building a scrappy quilt one block at a time. The more fabrics you use (within reason), the more variety you'll have to scatter across future blocks, which helps the finished quilt feel cohesive and "sensical." That said, using fewer fabrics is perfectly acceptable too—choose the balance that feels right for you.

### Cutting Instructions (for one block):

- A: (1) - 6 ¼" square
- B: (2) - 5 ½" squares
- C: (4) - 2 ½" x 8 ½" rectangles
- D: (4) - 2 ½" x 8 ½" rectangles
- E: (4) - 4 ½" squares

For complete instructions for creating this and other *The Weekly Whim* sampler blocks, follow along at *A Scrappy Little Joy* YouTube channel under *The Weekly Whim* playlist. Subscribe for weekly blocks and simple, scrappy inspiration.

**I'd love to see your block!** Come join is at the *A Scrappy Little Joy* Facebook group or tag me on Instagram @serendipitywoods #theweeklywhim #ascrappylittlejoy