

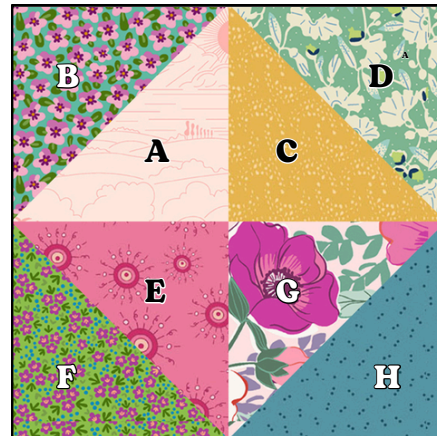
The Weekly Whim | Block 18: A Place to Rest

Welcome to *The Weekly Whim*, a weekly quilt block series stitched one block at a time with scraps, stories, and a gentle focus on becoming.

Today's block, A Place to Rest is a simple, comforting block designed for a busy season. It's intended to offer a chance to slip away to your sewing space and keep making progress on our project without a lot of heavy thinking.

My Standard Note About Fabric Choices

In this series, I lean into building a scrappy quilt one block at a time. The more fabrics you use (within reason), the more variety you'll have to scatter across future blocks, which helps the finished quilt feel cohesive and "sensical." That said, using fewer fabrics is perfectly acceptable too – choose the balance that feels right for you.



7" finished

Cutting Instructions (for one block):

- A: (1) - 4 $\frac{3}{4}$ " square
- B: (1) - 4 $\frac{3}{4}$ " square
- C: (1) - 4 $\frac{3}{4}$ " square
- D: (1) - 4 $\frac{3}{4}$ " square
- E: (1) - 4 $\frac{3}{4}$ " square
- F: (1) - 4 $\frac{3}{4}$ " square
- G: (1) - 4 $\frac{3}{4}$ " square
- H: (1) - 4 $\frac{3}{4}$ " square

Also Needed:

- If you're background fabrics are varied and scrappy, (8) - assorted 2" x 2 $\frac{1}{4}$ " rectangles
- OR -

If you're using all the same fabric for background, (1) - 3 $\frac{1}{2}$ " x 7 $\frac{1}{2}$ " piece of background

For complete instructions for creating this and other *The Weekly Whim* sampler blocks, follow along at *A Scrappy Little Joy* YouTube channel under *The Weekly Whim* playlist. Subscribe for weekly blocks and simple, scrappy inspiration.

I'd love to see your block! Come join is at the *A Scrappy Little Joy* Facebook group or tag me on Instagram @serendipitywoods #theweeklywhim #ascrappylittlejoy